

Co-EnzymeQ10

Antioxidant for the maintenance
of good health



- Helps to maintain and support cardiovascular health

ISO 17025
Accredited Laboratory



newrootsherbal.com



Co-Enzyme Q₁₀ New Roots HERBAL

Coenzyme Q₁₀, also called ubiquinone, is a vitamin-like substance that occurs naturally in the body; however, its synthesis is sometimes impaired due to the diet, a genetic defect, age, or an increase in tissue needs. This may cause a deficiency of the coenzyme to appear.

Coenzyme Q₁₀ is the only coenzyme that is found in human tissues. It is an essential component of the mitochondrial respiratory chain, where aerobic energy is produced. The mitochondria is part of the cell. The human body is formed of millions of cells; each and every one of them performs different vital functions. To perform properly, the cells need energy, and coenzyme Q₁₀ is the provider of this energy that cells need to work properly. This is why coenzyme Q₁₀ is an essential nutrient for all the tissues and organs in our body, especially the ones that support higher volumes of work as the liver, heart, and muscle tissues.

Coenzyme Q₁₀ is considered to be a very powerful antioxidant, and it plays a very important role in the immune system and the aging process. It is essential every time the body makes physical efforts. Individuals with cardiovascular diseases (including hypertension, angina, and congestive heart failure) often have a deficiency of coenzyme Q₁₀ and require an increased level in their tissue.

Studies with patients suffering from stable angina pectoris show that supplying them with 150 mg a day of coenzyme Q₁₀ for four weeks reduced the frequency of angina attacks by 53%. The daily dosage recommended is between 30 mg and 150 mg a day.

Coenzyme Q₁₀ should be considered in all heart disorders including angina, deterioration of the immune system related to age, and as an excellent antioxidant.

Each vegetable capsule contains:

Coenzyme Q₁₀ (ubiquinone-10) (bacterial fermentation) 30 mg, 60 mg, 100 mg, or 300 mg

Other ingredients: **30, 60, 100 mg:** Vegetable magnesium stearate and microcrystalline cellulose in a non-GMO vegetable capsule composed of hydroxypropyl methylcellulose and purified water. / **300 mg:** Vegetable magnesium stearate, silicon dioxide, and microcrystalline cellulose in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

30 mg: NPN 80009241 · V0030-R2

100 mg: NPN 80024928 · V0205-R3

60 mg: NPN 80009243 · V0093-R2

300 mg: NPN 80032088 · V0357-R2

Suggested use:

30 mg: Adults: Take 1 or 2 capsules twice daily or as directed by your health-care practitioner.

60 mg: Adults: Take 1 capsule one to three times daily or as directed by your health-care practitioner.

100 mg: Adults: **For cardiovascular health and as an antioxidant:** Take 1–3 capsules daily or as directed by your health-care practitioner. **For migraine prophylaxis:** Take 2–3 capsules daily or as directed by your health-care practitioner. Use for a minimum of 3 months to see beneficial effects.

300 mg: Adults: Take 1 capsule daily or as directed by your health-care practitioner. **For migraine prophylaxis:** Use for a minimum of 3 months to see beneficial effects.

Manufactured under strict GMP (Good Manufacturing Practices).

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